

Sign up, renew, or change health plans at **HealthCare.gov**

Don't have health insurance? We are here to help.

- Learn about what plan might be **best and most affordable** for you.
- See if you can get **financial help** to pay for your plan.

Did you buy health insurance last year? It is time to renew or change plans. Review your plan. Compare your options.

- Your **health care needs can change**.
- **Each year, new plans are offered, benefits can change**, and some plans are discontinued.
- Changes in income and family size can affect your **financial assistance**.
- Check to see if you will be automatically **re-enrolled** in your plan. You may need to **resubmit** your information to continue your benefits.

Visit OregonHealthCare.gov to find free local help from an expert.

Other languages or formats

Call 1-855-268-3767 (toll-free) from 8 a.m. to 5 p.m. Monday through Friday to request this information in Español, Русский, Tiếng Việt, 汉语, 漢語. You can also request information in large print or other formats.

How to get health insurance in **Oregon**



Visit OregonHealthCare.gov to find free local help from an expert.

Enroll **Nov. 1 to Jan. 15.**



440-5050 (9/22)

Visit OregonHealthCare.gov



Q: Can I get help to pay for health insurance?

A: Yes. Last year, more than seven out of 10 people in Oregon who bought insurance on HealthCare.gov got help paying for coverage. Find out how much you can save at [OregonHealthCare.gov/WindowShop](https://www.oregonhealthcare.gov/WindowShop).

Q: Do I really need health insurance? I never get sick.

A: Health insurance helps you stay healthy and avoid costly medical bills. If you have an accident and need surgery without insurance, you may pay \$40,000 or more. Health plans offered through HealthCare.gov include some preventive services at no cost.

Q: How do I find the best plan?

A: Here are the most important things to consider:

- Think about the type of care you need.
- Think about any doctors or hospitals

you want to keep visiting, as well as any prescriptions you need covered.

- Think about how much you can spend, and look for plans that fit your budget. Consider the monthly payment, deductibles, and co-pays.

Q: This is confusing. Can someone help me?

A: Local community organizations and insurance agents can help you find the health insurance plan that is best for you. Their help is free. Visit [OregonHealthCare.gov](https://www.oregonhealthcare.gov) or call 855-268-3767 (toll-free) to find someone near you.

Oregon Health Plan (Medicaid)

The Oregon Health Plan (OHP) is free health coverage offered by the State of Oregon. It is available for lower-income families, children, pregnant women, single adults, and seniors who qualify. You also may qualify based on age or disability status.

You can apply for OHP any time of the year. To apply, go to ohp.oregon.gov, or contact a community partner near you. Find a community partner listed at [OregonHealthCare.gov/GetHelp](https://www.oregonhealthcare.gov/GetHelp).

**Sign up, renew, or change plans
HealthCare.gov**

800-318-2596 (toll-free)
(TTY: 855-889-4325) 24 hours a day

Get free local help.

OregonHealthCare.gov

855-268-3767 (toll-free) between 8 a.m. and 5 p.m. Monday through Friday

- Find a local insurance agent or community organization that can help you for free.
- Get free help in your language.

**DON'T MISS THESE
IMPORTANT DATES**

NOV. 1

First day to sign up, renew, or change plans.

JAN. 15

Last day to sign up, renew, or change plans. If you don't sign up, you could go a year without insurance.

在 **HealthCare.gov** 注册, 续约或更改健 康计划

没有健康保险? 我们竭诚为您提供帮助。

- 了解什么计划对您来说会最好最实惠。
- 了解您是否可以获得财务帮助, 以支付您的计划费用。

您去年购买健康保险了吗? 是时候续约或更改计划了。检查您的计划。比较您的选择。

- 您的健康护理需求可能会有所改变。
- 每年都有新的计划出现, 福利也会改变, 一些计划会终止。
- 收入和家庭规模的变化会影响您的经济援助。
- 检查以了解您是否将自动重新注册您的计划。您可能需要重新提交信息才能继续享受福利。

访问 **OregonHealthCare.gov**, 寻找当地专家提供的免费帮助。

其他语言或格式

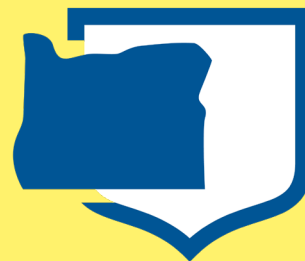
请于周一至周五早上 8 点至下午 5 点致电 1-855-268-3767 (免费电话), 索要本信息的 Español, Русский, Tiếng Việt, 汉语, 漢語版本。您也可以索要本信息的大字版或其他格式版本。

如何在**俄勒冈州** 获得健康保险



访问 **OregonHealthCare.gov**,
寻找当地专家提供的免费帮助。

在**11月1日至1月15日**期间注册。



440-5050 (9/22)

Visit OregonHealthCare.gov



问：我能得到用于支付健康保险费用的帮助吗？

答：能。去年，俄勒冈州在 HealthCare.gov 网站上购买保险的人中，有超过七成的人获得了支付保险费用的帮助。访问 [OregonHealthCare.gov/WindowShop](https://www.OregonHealthCare.gov/WindowShop)，了解您可以省多少钱。

问：我真的需要健康保险吗？我从不生病。

答：健康保险可以帮助您保持健康，避免产生高昂的医疗费用。如果您发生意外，需要做手术，如果没有保险，您可能需要支付 \$40,000 或更多。通过 HealthCare.gov 提供的健康计划包括一些免费的预防服务。

问：如何找到最佳计划？

答：以下是需要考虑的最重要的事情：

- 想想您需要什么类型的护理。
- 想想您想继续就诊的医生或医院，以及您需要被承保的处方药。
- 想想您能花多少钱，然后寻找适合您预算的计划。考虑每月付款、自付额和共付额。

问：这令人困惑。有人能帮助我吗？

答：当地社区组织和保险代理可以帮助您找到最适合您的健康保险计划。他们的帮助是免费的。访问 [OregonHealthCare.gov](https://www.OregonHealthCare.gov) 或致电 855-268-3767 (免费电话)，找到您附近的人。

俄勒冈健康计划 (Medicaid)

俄勒冈健康计划 (OHP) 是由俄勒冈州提供的免费健康保险。它适用于符合条件的低收入家庭、儿童、孕妇、单身成年人和老年人。您也可能根据年龄或残疾状况而符合资格。

您可以在一年中的任何时间申请 OHP。如需申请，请前往 [ohp.oregon.gov](https://www.ohp.oregon.gov)，或联系您附近的社区合作伙伴。在 [OregonHealthCare.gov/GetHelp](https://www.OregonHealthCare.gov/GetHelp) 寻找列出的社区合作伙伴。

注册、续约或更改计划

HealthCare.gov

800-318-2596 (免费电话)
(TTY: 855-889-4325)，全天 24 时

获得当地免费帮助

OregonHealthCare.gov

855-268-3767 (免费电话)，周一至周五
早上 8 点至下午 5 点

- 寻找当地可以免费帮助您的保险代理或社区组织。
- 以您的语言获得免费帮助。

不要错过 这些重要日期

11 月 1 日

可以注册、续约或更改计划的第一天。

1 月 15 日

可以注册、续约或更改计划的最后一天。
如果您不注册，则可能一年都没有保险。